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Labor resources represent a set of interrelated elements that characterize the population that has the necessary physical development, mental ability and knowledge to work in the national economy, its formation and use. V.V. Travin defines labor as "part of the population that possesses physical development, mental abilities i knowledge necessary to engage in socially useful work".

A survey of existing theoretical approaches leads to the following conclusions regarding the definition of labor resources: labor resources – is an integral industrial resource industrial-production personnel of the enterprise, which has a certain education and qualifications, is used during production through interaction with fixed assets and material resources, creates products and surplus value, moreover, its strength should be reasonable, sufficient, but can vary in case of production needs.

The management of human resources, as any system that includes a number of interrelated elements: the aim, tasks, basic directions of work with personnel, kinds, forms, methods, management mechanism to ensure permanent competitiveness of labor potential of the enterprise in the market conditions, growth efficiency productivity and quality of work of staff, ensuring high social efficiency of the team.

A scientist Kachan E.P. notes: "The main purpose of workforce management is to minimize costs on the formation and retention of labor resources and to maximize the results from their use"

Because labor resources directly affect the performance of the company, the management should be aimed at increasing the productivity and efficiency of the enterprise. This implies the introduction of innovations in methods of planning, organizing, motivating, and coordinating work activities of employees. So, the basis of the so-called basis, the management of human resources in the enterprise should be focused on the introduction of new and more effective methods of staff management such as staff incentives to get the maximum results from work, find new approaches and to create favorable conditions for increasing productivity and career growth of employees.